



September	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 New Student Orientation	2 First Day of Classes	3	4	5
6	7 Labor Day	8	9	10 Rx Kick-Off Event 12:30-1:30 North Cafe	11	12	
13	14 Full Semester & C1 Last day to add/drop classes for 100% refund	15 Volleyball 12:30-1:30 Fitness Center	16 Creating a Budget 12:30-1:30 RM 202	17	18	19	
20	21 Full Semester & C1 Last day to add/drop classes for 50% refund Automating Savings 12:30-1:30 W12	22 Time Management 12:30-1:30 W11	23	24	25	26	
27	28	29 Living Frugally 12:30-1:30 W11	30				
2015	September 21--Full Semester: Last Day to Drop Classes for 50% refund						



September 2015

Program Services

- Academic Advising
- Personal Counseling
- Career Counseling
- Transfer Counseling
- Disabilities Services
- Individual and Group Tutoring
- Seminars
- FYE Courses
- Supplemental Instruction
- Cultural Activities
- Grant Aid
- Equipment Loans
(laptops, calculators, & more)

Program Staff

- Gaurav Khanna**
Director
- Catherine Maddox-Wiley**
Retention Specialist
- Lisa Diamond**
Transfer Counselor
- Heidi Wharton**
Academic Counselor
- Sara Williams**
Management Assistant
- Paula Clapp**
Math Professional Tutor



Rx PROGRAM NEWS



Five more years! Five more years! Five more years!

Greetings Rx Students,

Why are we so excited?! As you know, the Rx Program is funded through the TRIO Student Support Services grant from the United States Department of Education. Every five years, the college must reapply through a national competition to extend the grant, and just a few weeks ago, we were notified that the Rx and Visions Programs have been granted new five-year funding terms. We're here, you're here, let's get this party started!

The Rx staff has been busy making preparations for your arrival and have lots of fall activities for your enrichment and amusement. Read this newsletter and watch for email, Facebook and Remind announcements for more details.

As you know, we bid farewell to Gloria Correa in the spring, but we are happy to welcome **Sara Williams** who is the new management assistant for both TRIO Programs (Rx and Visions). Stop in to say hello and introduce yourselves.

You'll notice that the college is under a bit of construction in preparation for the new **Science Center**. We're all learning to make a few sacrifices and concessions in anticipation of the huge benefit coming our way. The new classrooms and labs for science and math will provide students with a much more sophisticated learning environment. We ask you to demonstrate patience as you navigate your way to classrooms.

To jump start our fall semester newsletters of the year, we hope you enjoy the **Rx Program's Top 5**. We're laying out some realities and hope you will use some of our tips.

Final words: Got a question or have a concern? Make us your first stop. We're here for you. Let the learning begin!

Your friendly Rx Program staff,
Gaurav, Sara, Catherine, Lisa, Heidi, and Paula

Shout Outs!

Congratulations to these students for acceptance into selective healthcare programs for the 2015 – 2016 academic year!

Dental Hygiene
Cassandra Lavigne

HIM
Harli Brigham
Kimberly Mertell

MLT
Amber Charland

RN
Ashley Bailey
Tiffany Barsamian
Kayla Boutell
Angelica De Los Rios
Kiana Delgado
Ashley Ferris
Jocelyn Klein
Clayton Kuusisto
Marissa MacEachern
Megan McNeil
Haley Mullen
Danielle O'Brien
Lani Scanlan
Amy Tervo

Note: This was the information available to us at the time we went to print.

Top 5 Ways First Generation Students Can Succeed

5. **Get involved:** First generation students often work and/or have children, so putting anything extra on their plates can be a challenge. MWCC offers an opportunity to learn outside of the classroom and to network with other students. Campus connections can enrich both your academic and personal life. If you can't join a student club, try to attend a variety of campus events.
4. **Ask someone:** Because first generation students don't have family members to guide them through the college process, they typically don't know what to expect. Professors, advisors and other staff members serve as resources and mentors who are happy to explain procedures, answer questions, and help in whatever ways they can. Think of the MWCC folks as a second family!
3. **Keep your eyes on the prize:** We've become a society that expects immediate gratification. A certificate or degree will not be yours overnight. Earning a college certificate or a degree requires short-term and long-term commitments. Think of your education as a restaurant buffet versus a drive-through, fast-food joint.
2. **Include your family and friends:** They may not understand why you want to go to college and why you are taking time away from them. Share your goals and describe the journey you are taking. Let your family know how your education not only benefits you but them as well. Invite them to visit campus and explain the ways in which they can support your efforts and how you plan to keep in touch with them.
1. **Pay it forward.** You probably have faced some challenges when learning what it means and what it takes to be a college student. Share your new-found information with other first generation individuals. Help pave the way for them. Be a mentor.

Remind Me!

Sign up for Remind! We'll send you text alerts with updates on Rx and MWCC events, seminars, and workshops.



If you are interested in receiving text alerts, please send a text message to 81010 with the following message: @RXPR.



LUNCH WITH LISA

Join Lisa Diamond for good conversation about college, life and things that make you say hmmm.

Thursdays – Watch e-letters and Facebook for the first start date.

12:30 – 1:30pm
Meet in the South Café
BYOL (Bring your own lunch)

DON'T FORGETS

Rx Advisors

Let us assist you! Catherine, Lisa, Gaurav and Heidi are eager to work with each of you and hope you will get to know each of us. You can either stop in or make an appointment. Heidi's office is in Devens, so be sure to drop in when you're there.

Tutoring

Get on Paula's calendar for an individual math appointment and use the Academic Support Center for subject tutoring. We can't express enough the importance of tutoring. Investing time into tutoring now can save you from repeating a course later. Tutoring can go a long way!

Computer Usage and Equipment Loans

Active students are eligible to use computers and free printing as well as borrow laptops, calculators and voice recorders. Please follow our usage policies.

Communication

The Rx Program stays in touch with you! We use the following media to provide you with updates and announcements:

- | | |
|--------------------|--------------------|
| Weekly E-Letter | Facebook |
| Remind Text Alerts | Monthly Newsletter |

Rx Kick Off Event



Thursday, September 10th
12:30 – 1:30pm • North Café

Meet, greet and eat!
Win prizes! Grab a study aid!

TOUCH BASE TUESDAYS:

Our New Seminar Format

To keep us all connected, join the TRIO staff on Tuesdays for workshops, discussions and activities.

See the Rx website for the full schedule or consult an Rx advisor.

Can't make it on Tuesdays? No worries! Events on other days will also be available.
mwcc.edu/support/trio/rx-program/



Check-in for All Rx Students

All new and returning **students must complete a check-in.** This is your chance to **discuss your goals and plans of action** for the semester and for us to **connect you with the resources and services** that will help you be successful.

Please stop by or make an appointment.



RX STUDENTS AWAY AT PLAY!
Gardner Ten Pins

If you have a disability and require accommodations in order to participate fully in Program activities, please contact the Program Director to discuss your specific needs.

Affirmative Action/Equal Opportunity Institution