

talking
together



FAMILY CONVERSATIONS
about aging

Talking to aging parents and relatives about sensitive issues like their need for personal care or when to stop driving can be difficult for everyone involved. Your Employee Support Program is available anytime, any day with help on how to approach these conversations, when to have them, and who should be involved.

ONLINE SEMINAR

Caring for Aging Relatives

Older relatives may require more care than family or neighbors can provide. This seminar is a helpful first step to determine what kind of care is needed.

Visit your home page starting Nov. 20th:

www.allonehealthep.com

USERNAME: mwcc

PASSWORD: employee

TOLL-FREE: 800-451-1834

Available anytime, any day, your Employee Support Program is a free, confidential program to help you balance your work, family, and personal life.

ALLONE
HEALTH
An Extraordinary EAP